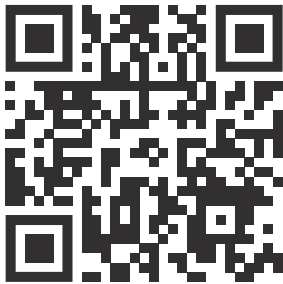


2021 OCTOBER



EVENT SCHEDULE

Free, Confidential Counseling

For young people ages 12-20 who reside in the mountain communities west of the Denver metro area in Colorado.

Parents of clients are provided 3 free sessions.

OCTOBER 3 – *Every other Thursday Night*
LGBTQIA+ Movie Night

OCTOBER 6
Resilience in Tweens and Teens: Working with Complex Trauma A Deeper Look: Skills and Techniques

OCTOBER 13 – *Meets on the second Wednesday of every month.*
Beyond the Rainbow

OCTOBER – *Meets every Thursday*
S.O.A.R Supporting Others in Addiction & Recovery

OCTOBER 17 – *Every other Thursday Night*
LGBTQIA+ Movie Night

OCTOBER 18
Working with Complex Trauma – A Deeper Look: Skills and Techniques

OCTOBER 20
Dialectical Behavioral Therapy (DBT)

OCTOBER 20
Supporting the LGBTQIA2S+ Youth in Your Life

OCTOBER 28
Emotionally Focused Family Therapy (EFFT)

OCTOBER 31 – *Every other Thursday Night*
LGBTQIA+ Movie Night



See **Resilience1220.org** for more information
about individual events and groups.